

# LIVE. LOVE DREAM. TAKE A CHANCE.

## THE STUNNING NEW BREAKFREE TREADMILL!

20+ WORKOUTS

FULL HEART RATE CONTROL

MP3 SPEAKERS & AIR-COOL FAN

AUTO INCLINE 15% WITH EASY  
ACCESS KEYS WITH 0% 5% 10% 15%

*"You can feel the  
power the moment  
you step onto  
the BreakFree!"*

**Guy Leech**

World Ironman Champion  
& Health and Fitness Expert

CardioTech **BREAKFREE**



# HOT FEATURES. SIZZLING WORKOUT!

You slip on your joggers, you're ready for action.

Just step onto the cushioned deck, plug in your MP3, switch on the fan and you're transported... You feel alive, your body is invigorated...

You need an awesome machine with the grunt and features to make your workout sizzle!

## A SUPERSIZED RUNNING DECK. THE EXHILARATING FEELING OF FREEDOM!

You'll enjoy the luxury, no matter your height. This exceptionally sturdy deck gives you the extra comfort and space for a long stride!

## THE CUSHIONING... NOT ONE BUT TWO SYSTEMS!

Air Flex™ Dual Cushioning – it's like walking on grass!

CardioTech's twin ultra low impact cushioning systems provide ultimate support for your joints. Pictured is a section from the network of high density rubber cushions designed to absorb impact and protect joints, ligaments and back. Whether running or walking... with Air Flex™ you're protected. Air Flex™ is a top line feature, exclusive to CardioTech.

## THE QUALITY... ALPHA ENGINEERED™ FOR OPTIMUM PERFORMANCE!

'New Generation Technology' makes the BreakFree a revolution in treadmill design! With Dynamic Stability Control™, dual cushioned Air Flex™ deck and double weave/anti static belt, you'll achieve a much smoother ride.

Our precision machined high tensile steel frame is guaranteed for life! Together with 60mm rollers to reduce vibration and increase belt life, plus stainless steel ball race bearings... that's ultimate durability.



# THE ULTIMATE HOME TREADMILL EXPERIENCE...

**YOU HAVE GOALS TO ACHIEVE... WEIGHT LOSS... FITNESS... BODY SHAPE.**

**YOU'RE DETERMINED. NOTHING WILL STOP YOU.**

Step onto the BreakFree and feel it propel you toward your target with all the latest features to keep you on track. No fierce dogs, no bad weather, no fumes, no danger... no excuses!



## WHY COMPROMISE...



### HAND GRIP SMART KEYS

At the touch of a button, go from a gentle walk to a brisk run. Best of all, they're on your hand rail so you maintain pace and rhythm conveniently at your fingertips.



### LCD DISPLAY

Gives instant feedback at a glance for speed, body fat, time, pace, distance, incline, pulse... and calories!



### EMERGENCY STOP SAFETY KEY

If the unexpected happens, power to the BreakFree instantly cuts out.



### PULSE GRIP HEART RATE SENSOR

Your heart rate – it's your way of knowing if your body is working hard enough... for general fitness and burning fat. Your BreakFree will speed up and slow down to keep you in the Fat Burning Zone. It's automatic!

### + CONSOLE SMART KEYS

Adjust from a gentle walk to a brisk run. Best of all, they're on your hand rail so you maintain pace and rhythm at your fingertips.

### + AUTOMATIC MAT CENTRING

Adjust your mat? No Need! The CardioTech BreakFree automatically controls drift. No tools. Easy!

### + SOFT DROP - FOLDS EASILY

Unlatch the deck for safe hands-free lowering. Precision hydraulics support the weight - makes folding and storage a breeze!

### + CALORIE COUNT, JUST WATCH 'EM BURN!

### + 3 LEVELS MANUAL INCLINE



# SOMEONE YOU CARE ABOUT HAS DIABETES.

## THE DIABETES QUEENSLAND PARTNERSHIP.

Diabetes is the world's fastest-growing chronic disease. It's the sixth-leading cause of death in Australia. In fact, more people die from diabetes and its complications than from breast and prostate cancer combined. Diabetes is a complex condition that turns lives upside down. It can profoundly interfere with and affect everyday life and can lead to nerve damage, limb amputation, blindness and kidney failure.

**CardioTech** recognises and supports Diabetes Queensland's message that regular exercise provides specific benefits for people living with type 2 diabetes, as well as helping to reduce your risk of having diabetes in the future.

**CardioTech** is particularly passionate about this cause and is determined to be part of the solution, helping make exercise a part of your every day.

By purchasing your BreakFree Treadmill, you are helping Diabetes Queensland to improve health and wellness for people currently living with all types of diabetes, and reduce the incidence of preventable diabetes in the community.

It's serious, it's widely prevalent. In fact, someone you care about will be diagnosed with diabetes.

To find out if you are at risk of type 2 diabetes go to [www.diabetesqld.org.au](http://www.diabetesqld.org.au) and complete the 'Are you at risk' tool.



**CardioTech**



# LOVE AT FIRST SIGHT!

## THE CONSOLE. MORE FEATURES & BOLD GRAPHICS TO MOTIVATE!

### AIR COOL CONSOLE FAN. NO SWEAT!

The BreakFree's built-in 'Air Cool' fan provides instant relief. How's that for climate control! Be cool... it's a breeze!

### MP3/IPOD SPEAKERS. FREEDOM FROM HEADPHONES!

Pumped and ready to take on the world!? You bet! Simply plug in your iPod or iPhone through the BreakFree's quality speakers and stride it out to your favourite tunes. It doesn't get any better!

### HEART RATE CONTROL PROGRAM. JUST LIKE A PERSONAL TRAINER!

Your heart has complete control with an exclusive program adjusting the speed higher or lower to keep you within your Target Heart Rate... automatically! Your BreakFree keeps you exercising only as hard as you need to... no more... no less! For optimum benefit it's important to train in your Target Heart Rate Zone.

### BLUE BACKLIT LCD DISPLAY. IT'S BEAUTIFUL & FUNCTIONAL!

The vibrant blue Backlit LCD emits a radiant glow for better visibility in any light - even no light. It's a top-line feature usually reserved for health club machines many times the price.

The large screen keeps you focused on the task at hand - such as distance, calories, heart rate, time, pace and speed.

(MP3/iPod not included)



DIGITAL PULSE  
DETECTION READOUT



HIGH POWERED  
CONSOLE FAN



HEART PUMPING  
IPOD/MP3 SPEAKERS



ANTI-STATIC WIDE  
RUNNING DECK

**29** HEALTH  
CLUB  
PROGRAMS

- + 1 MANUAL
- + 25 PRE-SET
- + 2 USER
- + 1 HEART RATE CONTROL

Bored - no way!

You have everything you need to get motivated and achieve your goals!

Set your goal for optimum fat burning. Design your own 'speed interval' programs. Alternate between 'hard' and 'easy' - recover strength between each burst of energy! The result?... You'll burn calories faster!

# BUILT FOR HIGH PERFORMANCE...

## EXCEPTIONAL QUALITY!

- + High torque 1.5HP motor - continuous performance!
- + Dynamic Stability Control™
- + Air Flex™ dual cushioned deck for ultimate joint support!
- + 18mm thick deck for extra strength!
- + 2.2mm double weave/anti static belt - super durable!
- + Precision machined high tensile steel frame
- + 46mm rollers and stainless steel ball race bearings for a smooth ride!
- + 130kg user weight... you'll cruise comfortably at all speeds!



## IT'S ALL ABOUT THE MOTOR

Effortless performance with every step. A machine that will be there for you kilometre after kilometre.

Our Motors are ultra reliable high torque performance. With a Life Time Warranty!

## COMPARE... THE CARDIOTECH DIFFERENCE

Some of the important features that make the BreakFree Australia's best choice in this price range.

SPECIFICATIONS	BreakFree	TYPICAL COMPETITOR
Motor (HP)	1.5	1.25
Running Deck (mm)	415mm x 1240mm	
Maximum Speed (kph)	14	
Auto Incline 15% <sup>†</sup>	✓✓	3
Air Flex™ Dual Cushioning (Two systems!)	✓✓	NO
Number of Programs	29	10
Heart Rate Control Program	✓✓	NO
Body Fat Calculator	✓✓	NO
Console Fan	✓✓	Yes
MP3/iPod Compatible Speakers	✓✓	NO
Blue Backlit LCD Display with matrix tracking	✓✓	NO
Belt Thickness	2.2mm	1.6mm
Maximum User Weight	130kg	110kg
LIFETIME Motor Warranty*	✓	2 Years (manufacturer's faults ONLY)
Electrical & Mechanical Parts Warranty	2 Years	1 Year (manufacturer's faults ONLY)
Labour Warranty	1 Year	1 Year
SpeedTech™ In-Home Rapid Service	✓	NOT KNOWN
Parts ALWAYS in Stock	GUARANTEED!	NOT GUARANTEED (delays possible)

<sup>†</sup>At 15% levels, there are easy access keys with 0% 5% 10% 15% \*For domestic use only. Warranty is not transferable.



# OUTSTANDING WARRANTY & SERVICE SUPPORT!

## NO COMPROMISE WARRANTY BACK-UP

Only **CardioTech** offers SpeedTech Rapid™ In-Home Service plus a Lifetime Warranty on the motor. Way ahead of our competitors!

**CardioTech** has the toughest quality standards in the industry to ensure each treadmill performs flawlessly day after day, year after year.

However, if any problem should arise we make it right... anywhere in Australia! Our extraordinary SpeedTech Rapid™ In-Home Service ensures, that with just one quick call to our nationwide 1300 number, you'll have a technician from your town to promptly assist! Now that's service!



## YOUR INVESTMENT PROTECTED!

If something goes wrong, you need a warranty with teeth! You won't be left helpless... de-motivated... waiting weeks for repairs! And you won't feel like a number on a very long list! Don't settle for a disposable treadmill... choose **CardioTech**!

You'll receive fast response time... plus your treadmill is fixed on-site, in your home guaranteed! We get you back up and running in record time!

You're taking the first step to achieve your health and fitness goals and we'll be there to cheer you on! The difference is... we care - and providing you with the best service and back-up in the industry is how we show it!



**CALL 1300 13 55 96**  
**OUR ABSOLUTE PEACE OF MIND GUARANTEE**

- + LIFETIME ON THE FRAME
- + LIFETIME ON THE MOTOR
- + 2 YEARS ON ALL PARTS AND ELECTRONICS
- + 1 YEARS ON LABOUR

See User's Manual for a full explanation of the Warranty and Service Procedures.

*"All treadmills are not created equal! The BreakFree is the ultimate combo of performance design and affordability."*

**Rowena Szeszeran-McEvoy**  
Founder Max International Fitness Colleges  
and Motivational Speaker



## FOR FAST EFFICIENT FAT LOSS!

'Heart Rate Control' is an exclusive feature normally found in Health Clubs!

+ It monitors your Target Heart Rate... and keeps you exercising only as hard as you need to achieve optimum benefit... no more... no less!

+ Exercise too hard and the treadmill will slow down. Need to pick up pace? Your speed will increase just enough to be within your Target range - it's just like having a Personal Trainer!

There's no cheating your heart rate!

**BREAKFREE**

**BREAKFREE**

# LET'S GET TECHNICAL

Programmed to inspire, but still economical, the BreakFree Treadmill is sleek and superbly designed. Fine quality components, smart technology and outstanding warranty – features of premium treadmills, make this exceptional value!

<b>PERFORMANCE:</b>	<b>Motor:</b>	LEESON 15HP... optimum performance, high torque	
	<b>Walking Surface:</b>	415mm x 1240mm	
	<b>Electronics:</b>	Large easy to read Blue Backlit LCD displays feedback on: Distance; and Calories burned/Calories per hour. Pulse; Elapsed Time; and Speed	
	<b>Maximum Speed:</b>	14kph	
	<b>Auto Incline:</b>	Auto Incline at 15% levels, Easy access keys with 0% 5% 10% 15%	
	<b>29 Programs:</b>	25 Pre-set programs, User 1, User 2 programs, 1 Heart Rate Control program (essential for effective fat loss), 1 manual	
	<b>Air Flex™ Dual Cushioning:</b>	2 cushioning systems – ultimate joint protection!	
	<b>Handle Bars:</b>	Front mounted so your arms swing freely	
	<b>Emergency Stop:</b>	Convenient tethered safety key triggers auto shutdown if you accidentally misstep or fall	
	<b>MORE FEATURES:</b>	<b>Fan:</b>	Positioned in centre of console. Geared to high speed!
<b>Speakers:</b>		High quality MP3/iPod compatible speakers left and right on console. No need for headphones!	
<b>Heart Rate Monitoring:</b>		Full speed activated heart rate control program	
<b>2 Accessory Holders:</b>		1 on either side of console	
<b>QUALITY &amp; MANUFACTURING SPECIFICATIONS:</b>	<b>User Weight Limit:</b>	130kg	
	<b>Design:</b>	Alpha Engineered™ for better performance and longer life	
	<b>Warranty:</b> *For domestic use only. Warranty is not transferable.	Drive Motor:	Lifetime
		Frame:	Lifetime
		Electrical & Mechanical Parts:	2 Years
		Labour:	1 Years
	<b>Frame:</b>	Durable powder coated finish, heavy duty welded steel frame	
	<b>Mat Centring:</b>	Automatic to control drift... no more tools!	
	<b>Belt Quality:</b>	Non-slip	
	<b>Easy to Transport:</b>	Fitted with 2 heavy duty transport wheels for effortless movement	
	<b>Foot Rails:</b>	Non-slip with skip pad for extra grip	
	<b>Rollers:</b>	46mm diameter – smooth ride and longer belt life	
	<b>Bearings:</b>	Stainless steel ball race bearings	
<b>Soft-Drop Lowering:</b>	Smooth, hands free decline of running deck from stored position		
<b>GENERAL SPECIFICATIONS:</b>	<b>Quick Assembly:</b>	3 easy-steps!	
	<b>Weight:</b>	Nett: 70kg Gross: 78kg	
	<b>Footprint:</b>	1656 x 760mm	